

SHINRINYOKU-EXPERIENCE 2026						
October 25, 2026 (Sun) ~ October 28, 2026 (Wed)					Up to 20 people	
	Date	Capital	Transportation	Date		
1	10/25 (Sun)	Chiba		After the "INFOM Seminar & Workshop", stay at the hotel		B: ○ L: ○ D: ○
				Hotel: RESOL FOREST		
2	10/26 (Mon)	Chiba	Private bus	09:00 Depart from the hotel 09:30-13:00 Forest bathing at Izumi Nature Park 14:00-16:00 Sightseeing of Mt. Saw, which is full of spectacular scenery and history using the ropeway. 17:30 Arrive at the hotel Hotel: Mikazuki Sea Park Hotel Awa kamogawa https://hmihotelgroup.com/mikazukikamogawa/ 19:00 Dinner		B: ○ L: ○ D: ○
				Hotel: Mikazuki Sea Park Hotel Awa Kamogawa		
3	10/27 (Tue)	Chiba	Private bus	09:00 Depart from the hotel 09:30-10:00 Kiyosumi Temple at Kiyosumi Temple, a national natural monument 10:15-11:15 Sightseeing at Yomogi Fudo Falls 12:00 Lunch in Yoro Valley 13:00-16:30 Valley tour in Yoro Valley 17:15 Arrive at the hotel 19:00 Dinner		B: ○ L: ○ D: ○
				Hotel: Mikazuki Sea Park Hotel Awa Kamogawa		
4	10/28 (Wed)	Chiba Tokyo	Private bus	09:00 Depart from the hotel 09:30-10:30 Katsuura Marine Park "Underwater Observation Tower" 11:00-11:30 Moon Desert 12:00-13:00 Lunch 13:00-15:00 Head to Tokyo Station. Take a break at "Umihotaru" on the way.		B: ○ L: ○ D: x